

Let's talk about Connexions

Information for parents and carers



connexions

SOUTH CENTRAL



Connexions is an information, advice, guidance and support service for all young people aged 13 to 19, and up to 25 years for young people with learning difficulties and disabilities.

We work closely with other organisations, such as schools and colleges, youth services and children's services, to make sure that every young person gets the support they need.

Every young person is entitled to help from a Personal Adviser (PA). A PA can give young people information, advice, guidance and support on a range of issues, including:

- ⊙ education and training;
- ⊙ jobs;
- ⊙ health;
- ⊙ money;
- ⊙ housing;
- ⊙ relationships; and
- ⊙ what to do in their free time.

All our staff are Criminal Records Bureau checked.

www.connexions-southcentral.org

The role of a Personal Adviser (PA)

PAs are trained to help young people. They have access to a whole range of other support services so can help whatever the issue.

A PA will work with young people and help them understand:

- ⊙ what they are good at;
- ⊙ what they like doing; and
- ⊙ what their choices are.

A PA will also:

- ⊙ help young people decide what to do when they leave school;
- ⊙ help young people to identify their education and training needs and the arrangements needed to meet those needs;
- ⊙ help with applying for courses;
- ⊙ help to identify employment and training opportunities; and
- ⊙ help young people with a learning difficulty or disability in their transition planning meetings (a meeting to talk about the options available when young people leave school) and yearly reviews from Year 9 onwards.

PAs are based in schools, colleges and Connexions Centres across Hampshire, the Isle of Wight, Portsmouth and Southampton.

Contacting us

Connexions Personal Advisers offer a service to all young people in school, in college or at your local Connexions centre.



Visit www.connexions-southcentral.org for your nearest centre.

Or contact Connexions Direct. Connexions Direct advisers are available from 8am to 2am, seven days a week.

connexions direct

Phone: 080 800 13 2 19

Text: 07766 4 13 2 19

Website and e-mail:

www.connexions-direct.com

The Personal Adviser(s) working in

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is (are):

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and can be contacted through

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